



Republic of the Philippines
Department of Education
Region VIII
SCHOOLS DIVISION OF TACLOBAN CITY

September 9, 2024

DIVISION MEMORANDUM

No. 6275, 2024

MENTAL HEALTH OBSERVANCES 2024

To: Assistant Schools Division Superintendent
Division Chiefs (SGOD & CID)
Education Program Supervisors
Public Schools District Supervisors
School Heads, Elementary & Secondary
DepEd Tacloban City Division
All others concerned

- Pursuant to DepEd's mandate under the Mental Health Act 11036 to pursue strategies for Mental Health promotion in basic education through the Bureau of Learner Support Services-School Health Division (BLSS-SHD), offices and schools are encouraged to commemorate the following observances:
 - World Suicide Prevention Day (WSPD) on September 10, 2024**
The International Association for Suicide Prevention (IASP) has provided "Changing the Narrative on Suicide" as the triennial WSPD theme for 2024-2026.
 - World Mental Health Day (WMHD) on October 10, 2024**
As announced by the World Federation for Mental Health (WFMH), this year's theme is "It is Time to Prioritize Mental Health in the Workplace."
 - National Mental Health Week (NMHW) on the 2nd week of October**
Exact theme to be announced.
- Schools Division Office and schools must ensure the mental health and well-being of all personnel, learners and others concerned in schools and physical/online workplaces by conducting and participating in recommended activities. Enclosed herewith are the recommended list of activities.
- References and materials to be used for the observances will be uploaded and may be accessed at https://bit.ly/DepEd-SMHP_2024MHObservances.
- Immediate dissemination and compliance with this memorandum are desired.


SHERLITA A. PALMA, EdD, CESO VI

OIC- Schools Division Superintendent

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