



**Republic of the Philippines**  
**Department of Education**  
 Region VIII  
**SCHOOLS DIVISION OF TACLOBAN CITY**

September 14, 2023

**DIVISION MEMORANDUM**  
 No. 529 s. 2023

**PROMOTION OF THE OKY PHILIPPINES PERIOD TRACKER APP**

To: Assistant Schools Division Superintendent  
 CID & SGOD Chiefs  
 MAPEH EPS  
 Public Schools District Supervisors  
 Health & Nutrition Section Head & Nurses  
 Elementary & Secondary Public School Heads  
 All Others Concerned

1. Pursuant to DepEd Memorandum No. 927, s. 2023, this Office through the Social Mobilization and Networking Unit under School Governance and Operations Division (SGOD) informs the field that the Department of Education (DepEd), Department of Health (DOH), Commission on Population and Development (POPCOM), National Youth Commission (NYC), Regional Government of the Bangsamoro Autonomous Region in Muslim Mindanao, and UNICEF, in partnership with Plan International and with the support of the Australian government, developed the Oky Period Tracker App, which was successfully launched on May 26, 2023.
2. The Oky Philippines Period Tracker app is aimed to empower Filipino girls and young women by equipping them with accurate information regarding Menstrual Health and Hygiene (MHH) and Adolescent Sexual Reproductive Health (ASRH) through a platform where girls can access information about their cycles, sexual and reproductive health and rights, mental health and relationships, which can be used as Information, Education, and Communication (IEC) materials that can be used in MAPEH classes and in the ARH and WinS Programs.
3. Relative thereto, the following activities are to be conducted:
  - Orientation with WinS and ARH Focal Persons, and MAPEH Supervisors;
  - Downloading of the Oky Philippines App for girl learners;
  - Distribution of (free) Oky materials; and
  - Integration of the Oky Philippine Period Tracker App in the curriculum for health
4. Participants to this Orientation Activity shall include the SDO WinS Coordinator Lyra E. Macatimpag, RN; ARH Coordinator Rizza P. Deliva, RN; EPS-MAPEH Dr. Jessica M. Abril; EPS-PPAs Dr. Delilah M. Delos Santos, and Partnership Focal SEPS Jennith S. Gabisay and EPS II Sonia N. Cabalona. Announcement of schedule shall be made in a later date.
5. Immediate dissemination of this Division Memorandum and compliance thereto are highly desired.

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**JUDELLA RUIZ LUMPAS EdD, CESO VI**  
 Schools Division Superintendent



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 Soc.MobUnit/snc/2023



**RELEASED**

Date: 9/15/23  
 Time: 8:23 am  
 Signature: [Signature]